

WALK WITH HER

IN THE MOMENT CARDS



PAUSE. REFLECT. RESPOND.

Thoughtful prompts to help you slow down, stay present and *Walk With Her* in the moment.

HOW TO USE:

Use these cards during assessments, case planning and everyday conversations to help you pause, reflect and respond in ways that strengthen your practice and support the work being done alongside women.



Moment
Quick Intake

**YOU'RE MOVING THROUGH
INTAKE. TIME IS TIGHT.
YOU NEED THE INFORMATION.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



MOMENT

**WHAT MIGHT I BE MISSING
BECAUSE I'M MOVING QUICKLY?**

**WHAT WOULD CHANGE IF I
PRIORITISED CONNECTION FOR
THE NEXT FEW MINUTES?**



Moment
Minimal Response.

**SHE'S GIVING BRIEF
RESPONSES. YOU'RE NOT
GETTING WHAT YOU NEED.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



MOMENT

**WHAT MIGHT SHE BE HOLDING
BACK AND WHY?**

**AM I ASKING FOR INFORMATION
BEFORE ENOUGH SAFETY
IS THERE?**



Moment
Reluctance

**SHE DOESN'T WANT TO
COMPLETE THE ASSESSMENT.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



WHAT IS THIS 'NO' TELLING ME?

**HOW IS POWER SHOWING UP
BETWEEN US RIGHT NOW?**



Moment
Inconsistent Information

**HER STORY DOESN'T
QUITE LINE UP.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



MOMENT

**WHAT MIGHT SHE BE
RESPONDING TO — FEAR,
SAFETY, PAST HARM?**

**AM I FOCUSING ON ACCURACY,
OR UNDERSTANDING CONTEXT?**



Moment

Missed Appointment/Late

**SHE ARRIVES LATE,
OR HAS MISSED PREVIOUS
APPOINTMENTS.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



WHAT GOT IN THE WAY HERE?

**HOW FLEXIBLE CAN I BE WITHIN
WHAT'S ALREADY POSSIBLE?**



Moment

You Feel Yourself Rushing

**YOU NOTICE URGENCY
RISING. YOU WANT TO
MOVE THIS ALONG.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



**WHAT IS DRIVING MY URGENCY
RIGHT NOW?**

**IS SPEED REDUCING SAFETY IN
THIS MOMENT?**



Moment
Silence

**SHE GOES QUIET WHEN A
TOPIC COMES UP – FAMILY,
HISTORY, SAFETY OR HARM.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



MOMENT

**WHAT MIGHT THIS SILENCE
BE HOLDING?**

**WHAT WOULD EASING OFF
LOOK LIKE HERE?**



Moment

Frustration at Services

**SHE EXPRESSES ANGER
ABOUT SYSTEMS OR
PAST SUPPORT.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



MOMENT

**WHAT HAS SHE EXPERIENCED
TO GET HERE?**

**CAN I STAY WITH HER
EXPERIENCE WITHOUT
EXPLAINING OR DEFENDING?**



Moment
Safety Priorities

**RISK INDICATORS ARE
STACKING UP DURING
ASSESSMENT.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



MOMENT

**WHERE IS THE RISK LOCATED
— PERSON, ENVIRONMENT,
SYSTEMS, RELATIONSHIPS?**

**WHAT SUPPORT COULD
REDUCE RISK RIGHT NOW?**



Moment
Doesn't Fit the Program

**YOU'RE THINKING:
"SHE MIGHT NOT BE SUITABLE
FOR THIS SERVICE."**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



**WHAT ASSUMPTIONS AM I
MAKING ABOUT 'FIT'?**

**WHAT WOULD KEEPING
CONNECTION OPEN LOOK LIKE?**



Moment
Competing Priorities

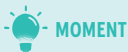
**SHE WANTS TO FOCUS ON
SOMETHING DIFFERENT THAN
THE HOUSING PATHWAY.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



**WHAT MATTERS MOST TO HER
RIGHT NOW?**

**AM I HOLDING PROGRAM
PRIORITIES OVER HER
PRIORITIES?**



Moment
Decision Point

**YOU'RE ABOUT TO FINALISE
THE ASSESSMENT OUTCOME.**

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



**WHAT MIGHT I NOT HAVE FULLY
UNDERSTOOD YET?**

**WHAT OPTION KEEPS DIGNITY
AND CONNECTION INTACT?**

Blank Card Template



Moment Blank Card Template

Add your Moment here:

Pause. Reflect. Respond.

WALK WITH HER



IN THE MOMENT CARDS



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QUESTIONS/MINDSET SHIFT PROMPTS

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Blank Card Template



Moment Blank Card Template

Add your Moment here:

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QUESTIONS/MINDSET SHIFT PROMPTS

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